



Harini Angara <harini.angara@gmail.com>

Food for thought on work/life balance

Edith Buhs <ebuhs@achievementmission.org>

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To: "Meyer, Meredith" <meyerm@knowledgeworks.org>, "Blatz, Jennifer" <BlatzJ@strivetogether.org>, Jan Rose <jrose@achievementmission.org>, Harini Angara <hangara@achievementmission.org>

Following up on our recent conversations about overwork. here's a very specific organization driven option - [mandatory 2 week summer vacation](#) as demonstrated by the folks at TED.

This is familiar from my childhood when the biggest employer in the region (Caterpillar, the maker of lots of big heavy equipment) always shut down for the first 2 weeks of August. Not only did all those employees (both manufacturing line workers and management) take off on vacation with their families, things slowed down for the rest of us too when they all left!

As the article notes, more organizations shut down for the last week of the year. AchieveMission does this and its a break that we all really appreciate. One of my past employers often announced in June an office closure for 2 additional days at the Fourth of July so that if employees added 2 days of their own, they could have a whole week off. As many people did this, it became a "safer" time to be away and less work would pile up and "tax" you for taking time off when you returned.

planning my next vacation,

Edith

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Edith Buhs
Senior Consultant

Office [800.834.0717](tel:800.834.0717) x 704

Cell [617.275.3441](tel:617.275.3441)

ebuhs@achievementmission.org

www.achievementmission.org

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